



CONEJO VALLEY

BRAZILIAN JIU-JITSU

REY DIOGO/CARLSON GRACIE TEAM

Location: 30115 Agoura Road Suite C, Agoura Hills, CA 91301

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Website: www.BrazilianJiuJitsuAcademy.com

WEEKLY CLASS SCHEDULE

| MON. | TUES. | WED. | THUR. | FRI. | SAT. |
|------------------------------|---------------------------------|------------------------|------------------------------------|---------------------------------------|--|
| 9am-10am Adult BJJ & Fitness | 9am-10am Adult BJJ Fundamentals | Closed for Privates | 9am-10am Adult BJJ & Fitness No-Gi | 9am-10am Adult BJJ & Fitness | 9am-10am Adult BJJ & Fitness |
| 10am-10:45am Adult Open Mat | 10am-10:45am Adult Open Mat | | 10am-10:45am Adult Open Mat No-Gi | 10am-10:45am Adult Open Mat | 10am-10:45am Adult Open Mat & Competition Training |
| 5pm-6pm Kids BJJ | | 5pm-6pm Kids BJJ No-Gi | | 5pm-5:45pm Kids BJJ | |
| 6pm-7pm Adult BJJ & Fitness | 6pm-7pm Adult BJJ Fundamentals | | 6pm-7pm Adult BJJ & Fitness No-Gi | 5:45pm-6:15pm Kids Competition Drills | 11am-11:45am Kids BJJ & Fitness |
| 7pm-7:45pm Open Mat | 7pm-7:45pm Open Mat | Closed for Privates | 7pm-7:45pm Open Mat No-Gi | | |

MEMBERSHIP PRICING

Adult Prices (Men & Women)

- *Unlimited classes - \$160.00/month.
- *2 classes per week - \$120.00/month.
- **Drop in - \$25.00/per class

Kids Prices (Boys & Girls)

- *Unlimited classes - \$130.00/month.
- *2 classes per week - \$90.00/month.
- **Drop in - \$20.00/per class.

Private 1-on-1 Classes (By appointment only)

- Inquire for pricing

Discounts offered to

- Military, Police, Fire, Teachers, Students, and Family bundles

*Pricing is based on a month-to-month auto debit membership (see "Monthly Auto-Debit Authorization Form"). We can auto-debit a bank account, debit card or credit card.. Members can cancel their auto-debit anytime and for any reason with a 30 day written notice. **Drop in classes, privates, and merchandise can be purchased on a one-time basis with cash, check, debit, or credit card. We reserve the right to refuse service to anyone.

*Class schedule is subject to change

*Most classes are broken up into BJJ warm up, technique, drills, sparring, and open mat

*All classes are in a Gi/Kimono except for Thursday which is no-gi

*Don't worry if you don't have a Gi we have some you can borrow.

*Please make sure to wear only clean Gi's and clothing when training.

*Please keep fingernails and toenails trimmed short to avoid injuries to you and others

*Please no shoes on the mats, bring a pair of flip flop (sandals) to get on and off the mat with.

*Bring a bottle of water to each class and stay hydrated.

